

## CAMP APPLICATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Parent's Name \_\_\_\_\_

Age \_\_\_\_\_ Birth date \_\_\_\_\_ Level \_\_\_\_\_

E-mail Address \_\_\_\_\_

Gym \_\_\_\_\_

Phone \_\_\_\_\_ Coach \_\_\_\_\_

Camp Session \_\_\_\_\_ June 17—June 21

Resident \_\_\_\_\_ Commuter \_\_\_\_\_

\_\_\_\_\_ Bar Release Add On June 22

Deposit Amount \$ \_\_\_\_\_ Check \_\_\_\_\_  
(\$250.00 Non Refundable Deposit)

T-Shirt Size: YM YL AS AM AL

Have you attended Chicago Style Camp Before?

Yes \_\_\_\_\_ No \_\_\_\_\_

Make Checks or Money Orders Payable to:

### **2012 IGI CHICAGO STYLE GYMNASTICS CAMP**

145 Plaza Drive  
Westmont IL 60559

Phone: 630 325 3333

Fax: 630 325 1992

Email: rhonda@igigymnastics.com



# **Illinois Gymnastics Institute Chicago Style Gymnastics Camp 2012**

*June 17—June 21, 2012*



**Special Guest Coaches!**  
**Tammy Biggs—National Team Coach**

# "Chicago Style"

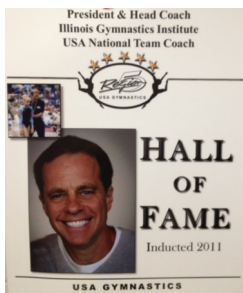
Come train in the finest training facility in Illinois. Chicago Style Gymnastics Camp is a safe, fun and energetic progression driven camp.

Girls ages 6—18 years of age and of all ability levels  
Are encouraged and invited to participate in this camp.

## Staff

Our Staff is comprised of many highly-skilled coaches from private clubs and colleges who coach all levels from beginners to elite, as well as our very own coaching staff.

## Todd Gardiner



Established IGI in 1979  
Head Coach & Owner.  
Elite Chairman  
USA Gymnastics Ethics committee member  
Clinician at Lake Owen Camp, Region 5 Training Camps, JO Training Camps, National Team Training Camps, and Illinois State Congress  
Attended Hinsdale Central, Hinsdale, IL. They set the H.S. Team Record his senior year. Competed Trampoline & Floor Ex.  
College: College of DuPage, Boise State & George Williams.  
1976 National Trampoline Champion.

Trained more than 70 gymnasts who received Full Scholarships to college.  
Has had athletes in every JO Nationals since 1984.  
Produced numerous JO National Champions & National team members.  
Have had athletes on most every Region 5 All-Star team since its conception.

### Awards and Honors:

Region 5 J.O. COACH of the YEAR: 1988, 1989-1990, 1999-2000  
Region 5 ELITE COACH of the YEAR: 2002  
USAG ELITE COACH of the YEAR: 2002, 2004  
Region 5 CONTRIBUTOR of the YEAR: 1989, 1990, 1999, 2003  
U.S. Elite Coaches Association – International COACH of the YEAR: 1990, 2003.  
U.S. Elite Coaches Association- Video Contributor 1997

## Our Staff/Previous Camp Coaches

Tammy Biggs—National Training Team Staff  
Neil Resnick—Boise State & National Team Staff  
Patty Resnick—Boise State University Staff  
Doug Miller—former club owner & IGI coach  
Don Houlton - former club owner & college coach  
Kurt Aichele—former IGI coach  
Jeff Hunt—Asst. Coach Southern Utah State  
Luminita Garcy, Olympic Coach 1996  
Bill Lorenz Asst. Coach, Ohio State  
Steve Nunno, Olympic Coach  
Josh Nilson— Asst. Coach Texas Women



## How can all this be done in one week?

Well, the reality is that the discipline necessary to achieve the intended results must be brought back with the athletes into their own gym. That's why we encourage entire TEAMS to join us for the week. Including their coaches. This can help the athletes bring as much of the "feel" back with them along with new drills, training ideas, and camaraderie.

## Why "Chicago Style" Gymnastics Camp?

It is our belief we have compiled a top notch coaching staff with an incredible training facility at a reasonable cost. Not to mention it's a ton of fun.

## Facilities

Illinois Gymnastics Institute is 35,000 sq. ft. facility designed to provide FOCUSED gymnastics training in a SAFE, PROGRESSION ORIENTED environment. Our gym has 3 vault runways into loose foam, in-ground resi pit and an elevated drill station. Three regulation uneven bars, one over in-ground resi pit. Channel pit bar with sliding platforms, three high single bars, two over resi, one into loose foam, two strap bars, and two low single bars, eleven high beams, one dismounts into foam pit and another into resi. Three low beams. Two spring floors, one oversized with tumbling into two in ground resi-pits, 80' rod floor and 60' Tumble Trak, both into loose foam . Two in-ground hot bed trampolines, one into foam and the other into resi.

## Housing Information

Resident Campers will be staying within a 20 minute ride from Illinois Gymnastics Institute. All meals are provided, lunches are served at the training campus.  
Campers may purchase a variety of items from the camp store (grips, leotards, snacks, etc.) For your convenience money can be placed in an individual account ahead of time (cash or check only). This money may also be used for miscellaneous items such as snacks, souvenirs, etc. during the evening . All remaining funds are returned on Thursday.

## Transportation

Each commuter is responsible for their own transportation to and from camp. Resident Camper transportation is provided starting on Monday.

## Commuters

Commuters are those campers who do not wish to stay in the residence facility. These campers participate in all camp activities. They must provide their own transportation to and from camp each day.

## Camp Fees

Check or Cash is the only form of payment accepted for camp

### Resident - \$685

Fees Cover instructions, meals , lodging and transportation from hotel to gym. This does not include Sunday.

### Commuter - \$585

Fees Cover instruction, and lunch.

A \$250 non-refundable deposit is required. See Registration form for more information.

## Bar Release "Add-On"

Offered for to gymnasts who have competed level 8's and up. 2 to 2.5 hours of training two nights during the week, and an entire additional day of training focusing solely on release moves on bars. Limited to the first 15 gymnasts.

**Cost: \$205.00**

## Developmental Bar "Add-On"

Offered for those who have competed as level 5, 6 and 7's. (must have a kip) 2 to 2.5 hours of training two nights during the week, and an entire additional day of training focusing solely on skills for bars. Limited to the first 15 gymnasts.

**Cost: \$205.00**

## Payment and Refund Policy

Due to a limited enrollment, it is suggested that gymnasts interested in attending should register and reserve a space as soon as possible.

Please remember: Enclose Camp application, deposit of \$250.00 per camper for application processing, please designate Com-muter or Resident and

**Mail to:**  
**IGI Chicago Style Gymnastics Camp**  
**145 Plaza Drive,**  
**Westmont IL 60559**